

"Everybody is Somebody at East Rockaway Schools"



May 2010

Dear Families:

A very important **BUDGET VOTE** and **TRUSTEE ELECTION** will be held at East Rockaway High School on **Tuesday, May 18th**. Please come out to vote and show your continued support for our school. You are encouraged to attend the Budget Hearing on May 6th at 7:30 pm at the ERHS Auditorium to learn more about this year's school budget. We need **every** parent to vote! Polls will be open from **6:30 am to 9:30 pm**. In addition, a District art exhibit featuring elementary and secondary students will be available for your viewing on this day, as well as a special **STUDENT VOTE!** (See upcoming flyer for details.) Please plan to visit the high school on May 18th.

We will be dismissing the children **15 minutes early** on Thursday, May 27th in order to practice an emergency evacuation of the building. All students including kindergarten will be dismissed at 2:45 pm. Only staff members will be allowed to reenter the building. We appreciate your cooperation. Please be reminded that Friday, May 28th is a make up snow day and school will be in session.

Rhame Avenue's Healthy Action Team is promoting *Let's Go 24/7* - a program to assist students in developing a healthy lifestyle and to prevent obesity and other health problems. Please encourage your child to participate in this healthy lifestyle program for the month of May and beyond! Calendar sheets were distributed to all students. Please send in the calendars on **May 27, 2010**. Each participant will receive a certificate of participation. The class with the greatest participation will receive a healthy snack courtesy of the PTA. *Let's Go 24/7!*

For more information and activities please visit:

www.nysut.org and click on 24/ Let's Go!
www.healthtips.com/jamlibrary.php
www.healthiergeneration.org/parents.aspx

All students in Grades 4, 5 and 6 have now received their *Fitnessgram* results and were told to share them with parents and guardians. Please ask your child about their *Fitnessgram*! See Mr. Hickey for questions.

If you intend to move out of the East Rockaway School District this summer, please be sure to sign a transfer card. You may request a transfer card from your child's classroom teacher or pick it up in the main office. This will help us expedite necessary information to other districts.

Choose homework time with care!

When is the best time to do homework? It depends on your child. Ask yourself:

- **When does my child** have the most mental energy?
- **What motivates my child?** (Playing outside after studying?)
- **Does free time help my child** transition from school to home?
- **When does my child** start to get tired in the evening?

Once you find the right time, stay with it. Consistency will make it even better!



Note: School will be in session on Friday, May 28th and closed on Monday, May 31st in observation of Memorial Day.

Very truly yours,

Ms. Laura A. Guggino, Principal